

## FAQ For Rid-Tobak

### What is Rid-tobak?

Rid-tobak is an all natural Ayurvedic formulation of herbal extracts especially prepared after long research and testing. The formulation refreshes the mouth and makes the taste of all forms of tobacco un-interesting or in some cases distasteful. The effect depends upon the individual user's mouth conditions. Herbal extracts are derived from Ashwagandha, Shankhpushpi, Brahmi, jav, Bhangra, Variali, SafedMusali and Tulasi.

### Will Rid-tobak give me the same pleasure as tobacco?

No. But that is part of the 'habit-modification' process.

### Is tobacco is to be continued along with Rid-tobak?

You may, but be sure to use Rid-tobak as directed at least three times a day and remember that Rid-tobak is Quit smoking product and you will start disliking tobacco products and the frequency of intake decreases this is the time you can Quit with little Effort but make it sure that you are quitting for ever. With Rid-tobak which HELPS to quit.

### Will Rid-tobak replace tobacco?

You may use tobacco while using Rid-tobak, but it will not be pleasurable as before. That is how Rid-tobak works. It helps you to lose interest in tobacco. You may also find a calming effect and that you lose the desire for the 'KICK' of tobacco. Thus frequency of intake reduced and in few days you will be tobacco free.

### Is there anything toxic in Rid-tobak? Will it harm if accidentally consumed?

NO. You need not worry if it is accidentally consumed. It also contains no artificial sweeteners or colours.

### Where did Rid-tobak come from?

Over the last fifteen years, Rid-tobak has been developed and tested in India, where the use of tobacco is endemic and attendant problems are very severe. Smoking, chewing of raw tobacco and use of snuff are all popular. Indians have a high rate of mouth cancer, lung cancer, sub-mucous fibrosis and leucoplakia.

Rid-tobak in India has been used for fifteen years to wean tobacco users from smoking and chewing as part of various de-addiction programs. Now that it has evolved to have a Glycerine taste a small volume and a long shelf life, it is being introduced around the world.

How is Rid-tobak used? This is in two ways.

- 1) **When addict consumes themselves to stop with motivation by others or self-motivation.**  
Start any time, but wait a few minutes after eating or brushing teeth before use. Then, put a few drops under your tongue, and a few on it. About 10 drops total. Try not to swallow for two minutes and then swallow it. Repeat this process after about four-six hours. For two months.
- 2) **When addict administered without his knowledge.**  
Administer 15 drops in any food or beverages two or three times a day for two months.

## **How fast does Rid-tobak work?**

Very, very fast. Within minutes after taking it in your mouth, it will make tobacco less interesting to you. As long as you continue to use Rid-tobak a few times a day, you will progressively lose your interest for cigarettes or chewing. You must stick with it optimistically, of course. Other encouragement and the use of a cigarette substitute may help some people, but FAITHFULL use of Rid-tobak throughout each day until the supply is used up will work -- just don't give up is there

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Leading pharmaceutical company tried for Acute Toxicity in Albino-Mice found Rid-tobak to be safe.

Malaysian Ministry of Health Central Poison Centre Penang tested Rid-tobak for Unknown Poison Screening. Confirmed Rid-tobak is free from poison.

## **What chemicals are used in Rid-tobak?**

None. Glycerine as stabilizer and permitted preservatives.

## **Is Rid-tobak safe for diabetics?**

It is aherbal product and has no side effects. However, as you know, tobacco addiction also impairs some endocrine functions. Tobacco withdrawal might itself influence some changes in insulin level, so blood sugar should be monitored along with the process of de-addiction, and contact a physician if you need to as you stop your tobacco use. Rid-tobak by itself will not cause an effect, according to the Indian.

## **In High Blood Pressure patients, what will Rid-tobak do?**

As you know, tobacco is a vasoconstrictor (Narrowing of blood vessels is an effect of tobacco use, and this increases blood pressure). Quitting tobacco can actually result in a lowering of blood pressure and it is advised have a physician follow and perhaps readjust the dosage of medications, if he sees a need to do so. We claim that Rid-tobak is safe but every individual case of High BP or Diabetes should be followed by a qualified doctor, especially when changes in habits such as smoking are in progress.

## **Is Rid-tobak safe in Pregnancy?**

Yes, according to its producers. It is a food product, not a drug. It is also used very sparingly. The tobacco addiction itself is unhealthy for the foetus and the mother and withdrawal before pregnancy would be even more advisable. Consult your doctor about quitting tobacco during pregnancy.

## **How much should I purchase?**

For most people four dropper bottle and for two months. If you know yourself to be easily attracted back to tobacco even after quitting, we suggest you keep a second bottle on hand for immediate reinforcement during later temptation. Each bottle is 30 ml.

## **What precautions you suggest for stopping tobacco?**

In smokeless tobacco (Gutkha, Masala, Snuff, Raw Tobacco, Khaini etc..and Smoking Tobacco.)

Their salivation is stimulated with tobacco when they consume from long term. Tobacco is harmful but anti-allergic for some allergens and also antiseptic in action. If they reduce by any means even without Rid-tobak very few from them may develop oral lesions, throat pain and coughing.

If they develop such conditions they must consult their physician. Remember Rid-tobak have no role to play in the development of such symptoms in tobacco addicts.

### **Can Rid-tobak be used by young smokers?**

Yes. It is not contraindicated at any age.

### **Is there alcohol in Rid-tobak?**

No. It is not irritating or bitter, like some other oral products. This is Halal preparation.

### **What is the success rate of Rid-tobak for people who have used it to leave off tobacco use?**

Studies and trials in India by the developer and by hundreds of other doctors and de-addiction clinics and camps in India have reported success rates between 84% and 91%.

Around 20,000 subjects have used it without any reported side effects or sensitivities.

Many of the trials have involved Supportive psychotherapy or other forms of encouragement... but for a motivated person, Rid-tobak is the best and most cost-effective aid to quitting tobacco ever offered to the public.

We have got an opportunity to address world conference and presented research papers on Rid-tobak tried over 610 addicts. With success rate of 91% Trials by Cancer Surgeons, De-addiction specialists, Dental Surgeon and Professor of ENT Surgery and Neuro Surgeon.

WATCH-2000 (World conference on tobacco counters health-2000 in 2007 held at Delhi lead by Late Maj. General Dr AvinashVerma. As the first and Only HERBAL STOP TOBACCO PRODUCT.

### **Is Rid-tobak FDA approved?**

Yes FDA approves List of Ingredients and we are selling under the law governed by FDA for claims under magic remedy act. Rid-tobak is sold as an herbal 'Anti-Tobacco Ayurvedic Product' which modifies your habit. It consists of herbal ingredients, The fact that Rid-tobak also is helpful to persons who smoke and are trying to quit can be considered incidental and although that is why it is so desirable, tobacco use is not a medical condition or disease.

### **What is your guarantee?**

Everyone who follows the directions for use faithfully experiences a marked reduction or elimination of tobacco use. As for starting smoking again, this Depends on your resolve and the stresses in your life, which we cannot control... however the action of Rid-tobak does work to change your subliminal attitude towards tobacco, so you have a greater chance of staying away from it. As we can neither evaluate your personal situation nor control the way you use the product or your motivation, we cannot guarantee the level of your personal success - although statistically it is very high. Please write to us detailing your experience